"Early Voting Starts October 19, and ends on October 30, 2026, for the November 3rd Election."

The Dallas Post Tribune

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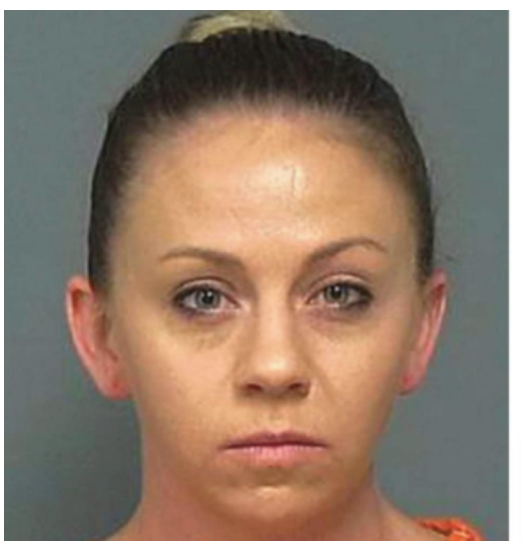
VOLUME 79 NUMBER 4

SERVING THE BLACK COMMUNITY WITHOUT FEAR OR FAVOR SINCE 1947

October 8 - 14, 2026

Botham Jean's Killer Granted Parole 7 Years After His Murder

By **BlackPressUSA Newswire**



Amber Guyger



Bothman Jean

Photo Credit: **BlackPressUSA Newswire**

Former Dallas police officerAmber Guyger has been granted parole seven years after she was convicted of murdering her neighbor, Botham Jean, inside his Dallas apartment.

The Texas Board of Pardons and Paroles approved Guyger's release Thursday (October 1), seven years to the day after Guyger was convicted of Jean's murder, according to NBC News.

In 2019, a jury convicted Guyger of murder and she was sentenced to 10 years in prison for Jean's 2018 death. Her conviction and 10-year sentence were upheld on appeal in 2022.

Geyger's first parole request was denied in 2024, NBC Dallas-Fort Worth reported.

The Dallas Police Department fired her after the shooting. During her trial,

Continue **Parole** Page 2

Houston's 'call Me Mother' Exhibit Opened October 4, Spotlighting Black Maternal Health

AFRICAN-AMERICAN NEWS AND ISSUES – DALLAS — The Health Museum in Houston today opens "The Call Me Mother Experience," an exhibition spotlighting Black maternal health through art and personal storytelling. Curated by Houston's first Black poet laureate, Deborah D.E.E.P. Mouton, the project originated from her own poem written during a miscarriage.

By BlackPressUSA Newswire



Image Credit: **African American News & Issues/BlackPress USA**

HOUSTON — A new exhibition opening Sunday, Oct. 4, at The Health Museum is bringing Black maternal health into public view through art and personal storytelling.

The Call Me Mother Experience will be on display through Feb. 28, 2027. The museum lists a preview reception today from 3 to 5 p.m. at 1515 Hermann Drive, with tickets priced at $5 for members and $15 for nonmembers.

A personal story becomes a community conversation

According to the museum, founder, curator and lead artist Deborah D.E.E.P. Mouton developed the

Continue **Exhibit** Page 2

Most Texas Republicans ignore Democratic calls to debate in statewide races

By **Kayla Guo,**
The Texas Tribune

When asked in July if Attorney General Ken Paxton intended to face off against his U.S. Senate opponent James Talarico, his spokesperson said, "of course we're going to debate."

But with two weeks left until early voting, the Republican nominee has yet to accept any invitations, meaning this could be the first Senate race in Texas without a debate in a quarter century.

Talarico, meanwhile, has accepted at least four debate invitations from CNN and local TV stations. Last month he challenged Paxton to a forum moderated by Brett Baier on Fox News,

Continue **Debate** Page 2

University of Texas vs. University of Oklahoma Saturday, October 10, 2026 – Kickoff: 2:30 P.M.

More than 100,000 people travel to the State Fair for the Allstate Red River Rivalry game between the Texas Longhorns and the Oklahoma Sooners. The game, played in Cotton Bowl Stadium since 1929, is an iconic staple of the State Fair.

Game tickets are purchased through each university's athletic office

World War II Honoree

Civilian on the Home Front



Edwenia Montgomery Watkins

HOMETOWN
Tatum, Texas

HONORED BY
Renatte Clark

RELATIONSHIP
Niece

ACTIVITY DURING WWII

She was recruited by the government in 1943 as a Federal Civil Service Typist.

- Article Page 2 -

Continued Page 1

Edwenia Montgomery Watkins

Celebrates 103 Years of Life on November 13, 2026

By **Billy Don Montgomery**



Edwenia Montgomery Watkins
Photo: Courtesy: Family

Edwenia Montgomery Watkins is the daughter of Harold and Alice Humphrey Montgomery, born on November 13th, 1923, in the rural community of Tatum, Rusk County, Texas. Her father, Harold Montgomery, was a farm producer, and her mother, Alice Humphrey Montgomery, was a housewife. Edwenia worked on the farm and attended school and church in the Tatum Harmony Hill community, graduating from high school in 1941. She then moved to Marshall, Texas, and lived with her aunt, Johnnie Humphrey Richardson, while enrolled at Bishop College, where she majored in secretarial science.

In 1943, as a secretarial science student during the WW-11 era, Edwenia was recruited by the U.S. government as a Federal Civil Service Typist and accepted a transfer from Marshall, Texas, to Washington, D.C., to support World War-11 efforts.

She continued her secretarial career, and on June 3, 1951, Edwenia married her Bishop College schoolmate, Mr. Forman D. Watkins from Ennis, Texas, a WW-11 veteran. After his service career, Mr. Watkins also became a U.S. government employee.



Mr. Foreman D. Watkins and wife, Edwenia Watkins

With her husband's full support before his passing on December 15th, 2014, Edwenia built an impressive career. She completed her college education at Howard University, where she earned a degree in Education in 1956, and taught in Washington, D.C., public schools until her retirement on November 14, 1992. She became a life member of The National Council of Negro Women, Inc, a lifetime member of the NAACP, a volunteer at the White House for more than twenty•years, a Deaconess Emeritus at Shiloh Baptist Church in Washington, D.C., and a World War-11 Honoree in August 2026.

Family and friends celebrated the Edwenia World War-11 Honor on September 2nd, 2026 (VJ-DAY). Her sister, Glover Glow Montgomery Brown; her brother, Billy Don Montgomery; and many nieces, nephews, relatives, and friends are thrilled with GOD'S BLESSINGS.

ON NOVEMBER 13, 2026, EDWENIA MONTGOMERY WATKINS WILL BE 103 YEARS OLD AND STILL RESIDES IN WASHINGTON, D.C.

THE DALLAS POST TRIBUNE

2726 S. Beckley Ave. Dallas, Texas

Continued **Parole** Page 1

Guyger testified that she mistakenly entered Jean's apartment after returning home from work, believing it was her own apartment one floor below.

She said she saw Jean inside and fired her weapon because she believed he was an intruder, according to NBC News.

Jean was a 26-year-old Black man from St. Lucia who worked as an accountant. He was inside his home eating ice cream when Guyger entered and shot him, NBC DFW reported.

The parole board cited Guyger's prison record in approving her release. According to NBC DFW, officials said she did not have a documented pattern of violent or assaultive arrests or convictions, maintained a satisfactory adjustment while incarcerated, and completed programs intended to help her obtain and maintain employment.

Jean's family opposed the parole decision and had asked that Guyger serve her full 10-year sentence, according to NBC DFW.

Civil rights attorney Lee Merritt, who represents the family, told NBC DFW that the decision was deeply disappointing.

"They stood up again and again to ask that the full sentence be served," Merritt said.

The Dallas Police Department told NBC DFW that the parole decision was outside its authority and that the department had no role in determining whether Guyger would be released. The department said its thoughts remained with Jean's family and others affected by his death.

Guyger's conviction and 10-year sentence were upheld on appeal in 2022.

A civil jury ordered Guyger to pay Jean's family $98.6 million in damages in 2024, according to NBC DFW.

Guyger's release date has not been announced. NBC News reported that the Texas Department of Criminal Justice will determine when she is released.



Continued **Exhibit** Page 1

project from a poem she wrote during a miscarriage. The installation combines films, recorded interviews, visual artwork and contributions created with community members.

Mouton, Houston's first Black poet laureate, discussed the exhibition and her connection to its subject in an Oct. 1 appearance on KPRC's Houston Life. The station described the project as addressing the unequal burden of pregnancy-related illness and death faced by Black women in Harris County.

An announcement distributed by the Call Me Mother Experience says the initiative will also reach community locations and faith-based organizations across Greater Houston. Those additional settings are intended to extend the conversation beyond a museum visit.

What visitors can expect

The museum says reception guests can explore the exhibit, hear the curator and meet participating artists. Reception admission includes general museum entry; refreshments are available while supplies last.

The featured image accompanying this article is an original illustrative concept, not a photograph of the exhibition or its artwork.

Sources and visitor information: The Health Museum exhibition listing; preview reception details and tickets; KPRC Houston Life; organizer announcement.

The post Houston's 'Call Me Mother' Exhibit Opens Today, Spotlighting Black Maternal Health appeared first on African American News and Issues.

Based on reporting by African-American News and Issues – Dallas.

Continued **Debate** Page 1

which the network later agreed to host.

Paxton's campaign has not responded to repeated requests for comment about whether he ever intends to debate.

But Paxton's in good company. Amid an unusually competitive political landscape in Texas this midterm election, almost every Republican nominee for a statewide seat appears to be dodging debate invitations from their Democratic counterparts. Notably, Gov. Greg Abbott's campaign has not publicly agreed to debate Gina Hinojosa, despite her repeated calls for him to meet her on stage. Abbott debated his Democratic opponents in each of his three previous gubernatorial races.

The sole debate — allegedly — scheduled across statewide races is in the contest for railroad commissioner, a post that regulates oil and gas. Democrat Jon Rosenthal announced in late September that he and Republican Bo French agreed to an Oct. 22 debate. French has not publicly confirmed either way.

State Rep. Vikki Goodwin and state Sen. Nathan Johnson, the Democratic nominees for lieutenant governor and attorney general, respectively, have also urged their GOP opponents to debate. Campaign spokespeople for Lt. Gov. Dan Patrick and state Sen. Mayes Middleton did not respond to requests for comment.

The drumbeat of Democrats' demands to debate is not unusual, given that candidates challenging known incumbents tend to see televised debates as an opportunity to raise their name recognition among voters and to create standout moments that elevate their profiles or embarrass their opponents, said Rice University political science professor John Alford.

"There's an old axiom in political campaigning that the underdog always wants to debate because they don't have very much to lose," he said.

But the Republican silence in response to debate invitations this cycle also comes as the GOP contends with intense political headwinds fueled by President Donald Trump's sagging approval ratings and unusually competitive races at the top of the ballot.

The Senate race is Paxton's highest-profile and most competitive contest yet, with public polling consistently showing Talarico narrowly ahead.

Talarico has argued that a debate would help voters "make an informed choice" and force both candidates to answer tough questions.

"Ken Paxton's handlers claim he's willing to debate, but every time a reporter asks a question, he literally runs away," Talarico said in July. "He hasn't set foot on a debate stage in over a decade and refuses to answer the public's questions because he's not a public servant — he's a puppet."

Continue **Debate** Page 3

RELIGIOUS/NEWS

The Beast of the Sea (Anti-Christ) and the Beast of the Earth (False Prophet)

Revelation 13:1-18



Rev. Johnny Calvin Smith

In chapter 13 we are introduced to two personages of the Great Tribulation Period, namely the Beast of the Sea, the Political Leader (13:1-10), and the Beast of the Earth, the Religious Leader (13:11-18).

The Beast of the Sea (Revelation 13:1-10)

The Beast of the Sea is portrayed as having seven heads, ten horns, and upon his horns ten diadems (crowns) and upon his heads the name of blasphemy (v.1). The Apostle John describes this beast of the sea in verse 2 as having characteristics of various beasts that were symbolical of Empires that Daniel saw in his vision, such as: the Leopard, symbolical of Greece, Daniel 7:6; the Bear, symbolical of Medo-Persian Empire, Daniel 7:5; the Lion, symbolical of Babylonian Empire, Daniel 7:4. The beast, who is the Anti-Christ derives his power from the Dragon (Satan).

According to verse 3, the Anti-Christ suffered a fatal wound caused by a sword (v. 7) and was miraculously restored to life by Satan. In verses 4-6, Satan and the beast (Anti-Christ) will have a supreme moment, and the world will worship them. The world will acknowledge the supreme character of the beast (Anti-Christ) by raising the questions: "Who is like unto the beast? Who is able to make war with him? The Anti-Christ will rise to power as the Political World Ruler, but his blasphemous tenure will only last for forty-two months (3½ years) (v. 5). As a Political Leader, the Anti-Christ will be awfully persuasive in deceiving a Christ-rejecting world. The Anti-Christ will defy God, and even blaspheme His name and tabernacle, and them that dwell in heaven (v. 6). The Anti-Christ will gain political domination over the world and will demand that everyone worship him (vv. 7-8; II Thessalonians 2:4). The people of the earth will worship the beast (Anti-Christ) except for those who are in the book of life.

In verses 9-10, John calls our attention to a principle of retribution: the captor will be taken captive; the killer will be killed. When God is completely through with the beast, he will be confined to the lake of fire! (Revelation 19:20).

The Beast of the Earth (False Prophet) Revelation 13:11-18

This second beast (False Prophet) arises out of the earth, and he has two horns, and he spoke as a dragon (v. 11). This beast (False Prophet) exercises the same power as the first beast (Anti-Christ). His duties are to cause the world to worship the first beast (Anti-Christ) and to make an image unto the Anti-Christ (vv. 12-14). The beast (False Prophet) is able to give power to the image of the beast (Anti-Christ) and issues a mandate that those who do not worship the image of the beast to be slain (v. 15). This beast (False Prophet) will implement a mandate that no one can buy or sell legally without the mark, the name, or the number of the first beast (Anti-Christ). The food supply of the world will fall into the hands of the Anti-Christ, the Political World Ruler! The Apostle John tells us the Anti-Christ's number which is six hundred sixty-six (666) (v. 18).

"May God Bless!"

Continued **Debate** Page 2

At the Texas Tribune Festival last month, when he challenged Paxton to the Fox News debate, Talarico added, "I'll go into the lion's den because I know what I believe. I am proud of my record. And I'm not afraid of hard questions. And Ken Paxton is running from a fight."

Paxton has avoided debates throughout his political career, declining to debate in each of his three runs for attorney general.

Southern Methodist University political science professor Matthew Wilson said that though Paxton was trailing Talarico in polls, a debate stage would give Talarico an opportunity to press him on his various, mostly-resolved legal and ethical scandals — "things that he'd rather not talk about," Wilson said.

Hinojosa, too, has repeatedly tried to goad Abbott into a debate. She accepted four debate invitations extended to both campaigns by local TV networks. And on NBC News last week, she said: "He's refusing to debate, trying to hide from his record. But listen, if he's not man enough to debate me, he shouldn't be governor of Texas."

Throughout his gubernatorial runs, Abbott has debated his Democratic opponents — Beto O'Rourke in 2022, Lupe Valdez in 2018 and Wendy Davis in 2014 — then proceeded to crush them by double-digit percentage points on Election Day.

This cycle, for the first time across his gubernatorial campaigns, a handful of public surveys have shown him trailing, according to RealClearPolling.

"In his previous races, he was such a heavy favorite that he didn't have much to gain or lose either way," Wilson said. "This time, he faces a closer race, and so I think he has to do a more strategic calculation about whether he has more to gain or lose in a debate setting."

While Hinojosa's name recognition has surged among voters in recent months, Abbott remains better known. Agreeing to a debate would give Hinojosa a statewide platform, Wilson added.

In races across the country, debates are a fading artifact of the campaign trail, Alford said, a trend he attributed in part to deepening political polarization and countless information channels rendering the forums less influential in shaping voters' opinions.

Wilson added that debates, particularly below the presidential level, tend to "really only matter" if a candidate makes a serious mistake.

"If both candidates perform reasonably normally and as expected, debates are unlikely to move the needle very much," he said. "The people who do watch, for the most part, are not undecided voters, but it's voters who are watching to cheer for their guy."

This article first appeared on The Texas Tribune.

<link rel="canonical" href="https://www.texastribune.org/2026/10/07/texas-debate-republicans-talarico-paxton-abbott-hinojosa-election/" />

LIFE IS LIKE A CAMERA, JUST FOCUS ON WHAT'S IMPORTANT!

~ THEME: AT AN AMUSEMENT PARK

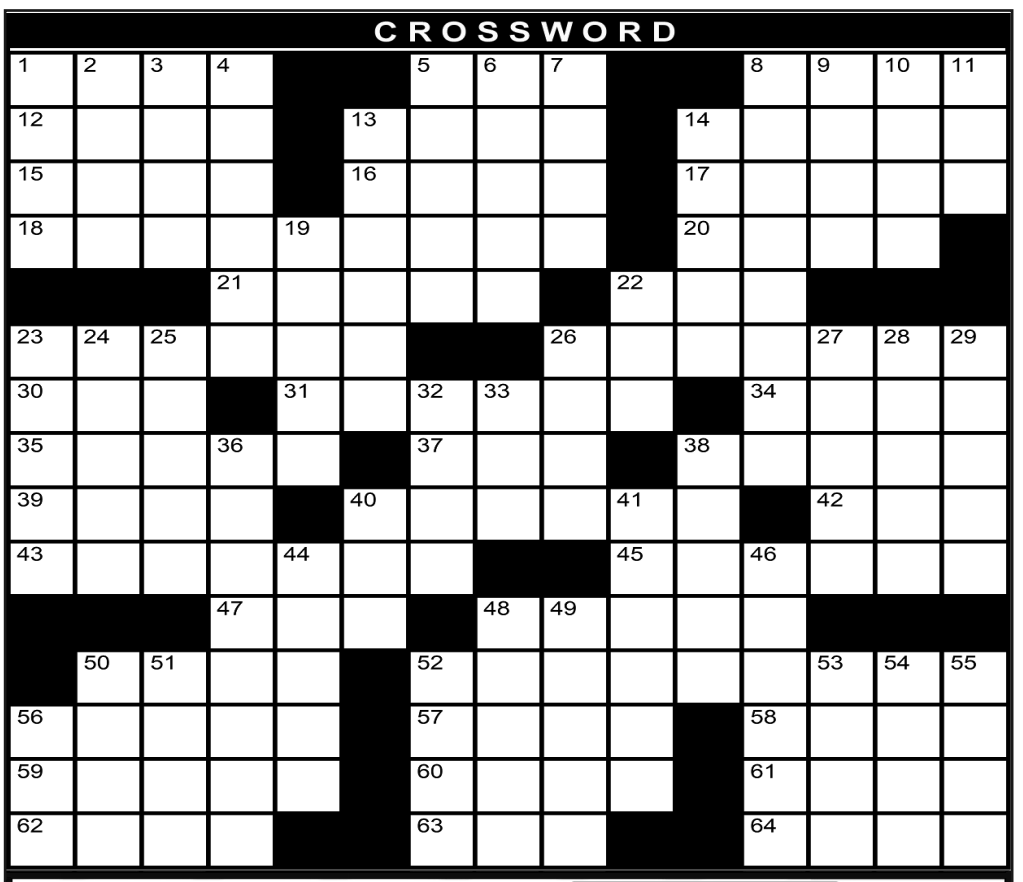
(Solution will appear in October 15 edition)

ACROSS
1. If it fits...
5. Accounting pro
8. What Pinocchio did
12. What discern and concern have in common
13. "The American Tribal Love-Rock Musical"
14. Sack fabric
15. A in UAE
16. Not with us, prefix
17. Opposite of cathode
18. *Late Parton's amusement venture
20. Dog is ____ best friend
21. Made of certain hardwood
22. Tiny sip
23. Trite one
26. Type of rummy
30. Bajillion years
31. Appoint #40 Across
34. Film wheel
35. "Saturday Night Fever" music
37. Adam of "Stand and Deliver"
38. Smokeless tobacco brand
39. Region
40. Religious minister
42. Wear and tear
43. Opposite of advance
45. *____ World, Griswalds' destination
47. Not in
48. Worship like god
50. Music genre
52. *Like funnel cakes and elephant ears
56. Halt
57. *Disney World in Florida spans over 25,000 of these
58. Not out of
59. Like complete nonsense
60. Podium
61. Cottontail's tail
62. Willy Wonka's creator
63. Bass, e.g.
64. Not that

DOWN
1. Tropical marine fish
2. Submarine sandwich
3. Like traditional storytelling
4. All together (2 words)
5. Not kayak?
6. Mountain climber's spike
7. Like dry clime
8. *Coney Island's original (2 words)
9. Aware of a secret (2 words)
10. Make them meet
11. Food coloring, e.g.
13. *a.k.a. game barker
14. Gavroche, e.g.
19. Cowboy's cry of joy
22. Bobbsey twin
23. Wood in the closet?
24. France's longest river
25. Garment insert
26. Quote
27. "Gangnam Style" capital
28. Badger
29. *2021 movie "Nightmare ____"
32. *Balloon popper
33. "Wheel of Fortune" request, 2 words
36. *a.k.a. merry-go-round
38. Walking stick
40. Singer Benatar
41. Steals
44. Famous Swiss mathematician Leonhard ____
46. Lyre player
48. Hot rod sticker
49. Spooky
50. ____ ____ good example
51. Four-letter word
52. Bit of baby talk
53. Mark on a ruler
54. Tiny purse
55. Popular movie candy
56. Something to chew on2026

Statepoint Crossword Puzzle

Theme: AT AN AMUSEMENT PARK





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PUBLIC NOTICE

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Kindbody Dallas, located at 8041 Walnut Hill Lane, Unit 870, Dallas, TX 75231, will cease operations effective October 1, 2026.

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Continued **Taxes**
October 1, Edition

Bettencourt contests that framing, arguing that everyone pays property taxes, whether they know it or not. The cost of property taxes is baked into the cost of paying rent or a bag of groceries.

Lawmakers' goal has often been to ensure that older Texans can remain in their homes and aren't forced to sell and uproot from their community, leaving behind social bonds. But that comes with side effects. Research shows the more in tax cuts a homeowner receives, the less likely they'll sell that home. That means fewer homes on the market, which drives up overall home prices, making it harder for younger would-be homebuyers to gain a foothold and find a home they can afford.

Meanwhile, seniors might be saddled with a home — and the associated costs — that no longer serves their needs.

Lindsley may sell her home sometime in the next five years, she said. It's a two-story house with a spiral staircase, and she's getting older, she said. It might eventually make sense for her to sell and find a one-story house or condominium in the Dallas area, closer to her family, she said.

"I'm thinking about it, but I love that house so much," Lindsley said.

Policy experts and advocates for older adults argue city officials and state lawmakers need to legalize housing types other than single-family homes on large detached lots and large apartment buildings. That includes making it easier to build more accessory dwelling units, duplexes and smaller apartment buildings that would give seniors downsizing options. Texas lawmakers last year passed laws aimed at allowing more homes to be built, including homes on smaller lots. Abbott wants state lawmakers to make it easier to build accessory dwelling units when they convene next year.

Allowing more housing options would enable family members or caregivers to live closer to their older relatives, said Jessica Lemann, manager of advocacy for AARP Texas.

"There are a lot of people out there that would be happy to downsize, but they still want to stay in their community," Lemann said. "They may be willing to leave their 2,000, 3,000 square-foot home to go to something smaller, but they don't want to have to leave their community."

Potential solutions

If lawmakers want to deliver more in tax breaks to seniors, there are more targeted ways to go about it that don't depend on payors reaching a certain age, tax policy experts from both sides of the aisle said.

Texas could enact a "circuit breaker" that essentially caps someone's property tax bill when that bill exceeds a certain percentage of their income, regardless of whether they own or rent. That would ensure that tax relief flows to older homeowners who really need the help while also providing direct relief for older Texans who rent, something Texas' current tax-cut approach doesn't do.

State legislators have occasionally flirted with the idea, but abandoned it because Texas doesn't have a way to administer the benefit — chiefly an income tax, which is used in other states that have such programs to verify a person's income and deliver the benefit. However, some states like Washington and New Hampshire don't have an income tax but still provide "circuit breaker" tax programs.

Texas lawmakers have argued that renters benefit from lower school tax rates made possible by $38 billion in state spending to drive down local tax rates, but it's unclear just how much landlords pass off those benefits to renters.

"If you want to really focus on the folks who need tax relief the most, I think using income is a very appropriate way to do that," Halbrook said.

As part of his reelection platform, Abbott has proposed getting rid of school property taxes for all homeowners. Some young conservatives, including Wilson, see that as a way to get rid of gaps between younger and older homeowners. But doing so would be highly expensive, detractors have noted, and would likely require the lawmakers to raise the state sales tax rate to pay for it. And under Abbott's plan owners of other property like apartments, stores, factories and warehouses would still have to pay school property taxes.

In the meantime, homeowners aren't going to turn down a tax cut. But some acknowledge how important their share can be to paying for services.

Steven Klinek, a Pharr homeowner, turned 65 in June and hopes to see savings on his tax bill he can use to pay for groceries and other expenses.

But Klinek, who retired from United Parcel Service in 2020, said he's never minded paying property taxes even as his tax bill rose in previous years. Klinek cites the fact that his youngest son earned two years of college credit through the local district's dual-credit program with South Texas College, partially funded by property taxes. That saved Klinek substantial tuition costs for his son, who's now a senior at the University of Texas at El Paso owing to the program.

"I see what my community does with their tax dollars," Klinek said. "I see it on paper, I see it in my pocketbook, and I see what happens to kids. So that's why I don't have a problem paying my property taxes."

olicies here.

This article first appeared on The Texas Tribune.

<link rel="canonical" href="https://www.texastribune.org/2026/09/30/texas-property-tax-school-homestead-exemption-seniors/" />

Quinn Questions

What did sidekicks do?

By **Rix Quinn**

If you grew up in the 1950s through 1970s, television westerns introduced you to a thankless career.

Here's the job description. You work for a cowboy who travels constantly and appears to have no source of income.

You don't decide how you spend your day. You've got no house or apartment.

Have you guessed your profession? Yes, that's right…you are a sidekick.

Because sidekicks live in the 1800s Wild West, they've got no car, bicycle, taxi, or access to public transportation.

They ride a horse most of the time. They rarely change clothes, because their entire wardrobe is rolled up behind the saddle.

Gender equality? Forget it. All the heroes – except for one notable exception – are males. And the folks they hire for sidekicks are guys too.

The worst part is the social life. There's no Top 40 music, unless they can create it on a harmonica or accordion.

They spend days chasing bad guys, and nights next to a campfire drinking stale coffee. They can't call a lady for a date, because she ain't got a phone, she doesn't live nearby, and it's hard for a sidekick to smell good if he hasn't bathed since April.

So, to sum up: No car. No phone. No bed. No bath. No soap. No shampoo. No deodorant. No cologne. No clean clothes. No music. No dance. No dates.

What could make a guy want to be a sidekick? The only advantage I can see is…he would live forever in reruns.

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SPORTS/NEWS PAGE

7 Day Weather Forecast for DFW

Thursday, Oct. 8	Friday, Oct. 9	Saturday, Oct. 10	Sunday, Oct. 11	Monday, Oct. 12	Tuesday, Oct. 13	Wednesday, Oct. 14
H -88° L -66°	H 25° L -66°	H -84° L -66°	H 87° L 71°	H -87° L 70*°	H - 88° L -72°	H -88° L -76°

NFL dream nurtured in Dallas ISD

By **Jirah Fleming**



Photo Credit: The **HUB**

When Sergio Kindle graduated from Woodrow Wilson High School in 2006, he was the No. 1 linebacker in the nation.

After a successful college career and playing in the NFL, he returned home to coach high school students on the very fields where the yards he rushed and tackles he made built his future.

In his current role as the defensive coordinator at Hillcrest High School, Kindle brings a passion for the game that dates back to his childhood.

"It feels like I came out of the womb playing football," he said. "It's all I have ever wanted to do."

Following in the footsteps of his father, who played semiprofessional football, Kindle became a versatile player who found success on both sides of the game, as a defensive and offensive athlete at Woodrow. Before graduating, he made history as the only player in the entire state of Texas class to win All-State honors on both defensive and offensive positions.

"The Woodrow community has always kept in contact with me," Kindle said. "Even when I decided to coach at our rival school Hillcrest. Our relationship is bigger than football. They genuinely care about me as a person."

Kindle spent his first year as a coach in Dallas ISD at his alma mater, who Hillcrest will face as their next opponent on Oct. 2. But it is at Hillcrest where he is making his mark despite a brief pause in his coaching career last year when he was diagnosed with colon cancer at the young age of 37. He got the diagnosis after falling ill during a practice.

Since he has come back from treatment, he said he is taking life slower on the field. While this slower pace at times has been difficult for Kindle, his coaching style, energy for the team, and passion for football are stronger than ever. He embraces the Hillcrest football team's mantra of working with purpose.

"So far at Hillcrest, the guys this season have figured out the mentality that we want them to have to win," he said. "The time that we put in over the last two years is starting to show. This year they are playing at a level that I don't think they even realized they were capable of."

His experiences serve as examples of what can be accomplished. He was a star player for The University of Texas at Austin where he was the first collegiate player at the time to win two prestigious awards for outstanding defensive players—the Butkus Award for top linebackers and the Ted Hendricks Award for best defensive end.

"One of the biggest moments I had at Woodrow was playing in the old Texas Stadium," he said. "The fact that my dream was to get to the NFL and play in an NFL stadium, playing there made it all the more realistic."

In an impactful football memory, this time playing with the Longhorns in college, Kindle recalled his first collegiate quarterback sack, in a game against the University of Oklahoma.

"I felt like that sack wasn't just for the team I was playing with," he said. "It was for everyone that I was ever teammates with growing up. Everyone who had a hand in helping me get to that point. I really wanted to 'put on for my city.'"

His dream to play in the NFL would come true in 2010, when he was drafted to the Baltimore Ravens. He went on to win Superbowl XLVII against the San Francisco 49ers in 2013.

"Football is a gladiator sport," Kindle said. "With me being a Dallas ISD kid, there is a certain way I played to get to where I did. I feel like I have some tools that I can pass along to these athletes to get them prepared for not just games in the high school season, but also for the future. If they aspire to play at the next level or the level after that."









Statepoint Crossword Puzzle
Solution: October 1 ~ MUSICAL INSTRUMENTS

T	R	O	D			M	P	H				S	H	H
W	I	P	E		V	I	L	E		E	T	H	E	R
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C	R	O	S	S		K	I	L	O		M	A	L	I
C	A	N				E	N	S			A	P	E	X

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EDITORIAL PAGE

Things Happen When Young Black Men In America Leave Home

By **James B. Ewers Jr.**, Ed.



Dr. James Ewers

It's no exaggeration to say that we are living in some challenging times. Sometimes without knowing it, peril awaits us. Whether you are young or old now, we have all heard the words "be careful" when we left home.

It is nothing strange for parents to tell their sons to take precautions. What are some of those precautions and safeguards?

Here are a few of them. Call me when you get there. Take your cell phone with you. Come straight home. Park in a safe location. Don't roll down your car windows. Be aware of your surroundings. Don't stay too long. We have heard these expressions more than once.

These are caring reminders not only parents use, but other family members and frAiends do too. Those who receive them should welcome these expressions because times are quite different today. This is my opinion.

Way too much happens in the United States of America today so we can't drop our guard. Things happen quickly, and too often the results can be life-changing. To paraphrase an often-used expression, when other people catch a cold, Black people get the flu. That's the truth, and we can't escape from it. Whether we like it or not, that's our everyday reality in this nation.

Like you, I pay attention to the news because we need to know what's happening around us. Social justice is a daily concern for African Americans. It doesn't matter whether it happens in your state or mine. I still believe in the adage that what happens to one of us affects all of us.

Over the years, tragedies have occurred in our communities that have resulted in unspeakable pain for the families involved. Some of these events have shattered the hopes and dreams of young Black people.

When Nolan Wells left his Mississippi home on July 4th, I am sure his parents told him to be careful and to be safe. His parents, Christine and Elmore Wonsley, could not imagine in any scenario that they wouldn't see their son alive again. That is too gut-wrenching to conceive, yet it happened.

The circumstances surrounding the death of Nolan Wells are suspicious and cloaked in a cover-up. The truth has been buried under silence, and the evidence has disappeared.

Just recently, a Mississippi grand jury found no evidence to bring indictments against anyone. The message from Mississippi officials is that Nolan Wells drowned on July 4th. He was with other teens, yet they offered no substantive information.

According to reports, the state autopsy for Nolan Wells omitted an important part. Dr. Priya Banerjee, a board-certified forensic pathologist, said, "The pathologist did not check the sphenoid sinus. It's not even mentioned." The People Magazine story says, "Those sinuses, explains Banerjee, are at the base of the skull and don't typically have fluid in them, but in suspected drowning cases, they can, just like the stomach, lungs, and airways."

Renowned Civil Rights attorney Benjamin Crump is representing the Wells family. Days ago, he released data from Wells' cellphone. The information released suggests that the area (Horn Island) can be racist and therefore unwelcoming. In a statement, Mr. Crump said the state of Mississippi is attempting to close the chapter on Wells' death without getting to the truth.

The absence of transparency in the Nolan Wells case, in my opinion, is apparent. Withholding facts and creating smokescreens only exacerbates the enduring pain felt by his family and friends.

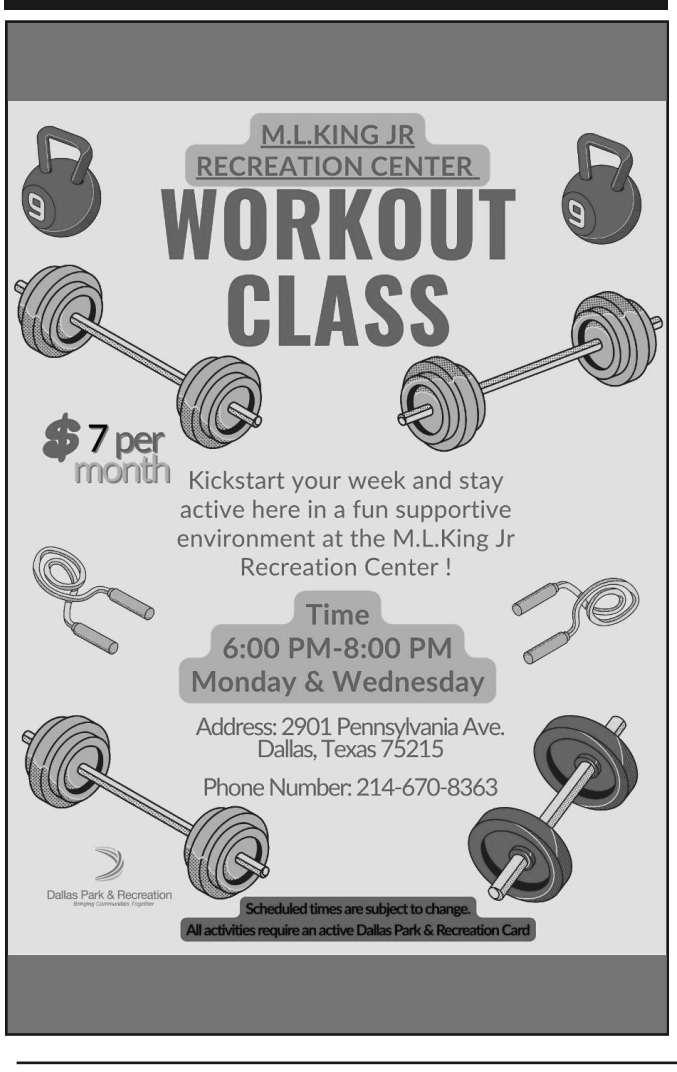
The lips of those who know the truth are sealed tight, and not one word will be uttered. Yet I firmly believe that the truth will come out. Those hiding it will suffer until the shackles of injustice they wear come off. Evil will never have a resting place.

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COMMUNITY CALENDAR



Understanding The Next Steps After a Bladder Cancer Diagnosis

(StatePoint) Receiving a bladder cancer diagnosis can feel overwhelming, and it's natural to have questions and concerns.

As you navigate the process, you will likely undergo procedures and tests that give your healthcare provider more information about your bladder cancer, as well as help inform discussions about treatment recommendations and the next steps in your care. Understanding the purpose of these evaluations can help you feel more knowledgeable throughout your care journey and prepare you to have more productive conversations with your healthcare team.

Learning More About Your Cancer

One of the most commonly performed procedures is White Light Cystoscopy, where a urologist inserts a tube with a camera on the end into the bladder to assess the bladder lining. If there are suspicious lesions or other reasons to suspect bladder cancer, the likely next step is a transurethral resection of bladder tumor (TURBT), which is when the urologic surgeon removes visible tumors and collects tissue for further analysis.

The information gathered during TURBT helps healthcare providers better understand the characteristics of your bladder cancer. This information becomes one of several factors that they will consider when determining treatment recommendations and planning the next steps in your care.

Tools Your Urologist May Use

Depending on your individual situation, your urologist may use different tools and technologies during bladder cancer evaluation and initial tumor removal. One potential option is Blue Light Cystoscopy (BLC), which uses both white and blue light to evaluate the bladder, typically during a TURBT.

At least one hour before a BLC procedure, an FDA-approved optical imaging agent is inserted into the bladder through a catheter. During the TURBT, the agent will make unhealthy bladder tissue glow bright pink under blue light to help healthcare providers more clearly evaluate areas of the bladder during the procedure. BLC may help urologic surgeons identify additional areas that warrant closer examination, however, it is important to note that the procedure may not detect all malignant tumors.

Your care team will choose an evaluation approach for you based on their clinical judgment and your inividual needs.

How Evaluation Helps Guide Next Steps

Every bladder cancer diagnosis is unique. Healthcare providers consider the information gathered during evaluation, along with other clinical factors, to help inform discussions about the next steps in your care. Ultimately, your treatment plan will be individualized based on the results of your evaluation, clinical factors, and ongoing conversations between you and your healthcare provider.

Talking With Your Urologist

Throughout your bladder cancer journey, open communication with your care team is essential. Questions you may consider asking at your next appointment include:

• What information are you looking for during my evaluation?
• How will the information gathered during my procedure help guide the next steps in my care?

• What evaluation approaches may be appropriate for my situation?
• Is Blue Light Cystoscopy an option for me?

To learn more about bladder cancer diagnosis and treatment, and to find facilities that offer BLC near you, visit

https://rebrand.ly/BLC-facilities.After a bladder cancer diagnosis, it's important to stay informed about the direction of your care. Proactive communication with your healthcare provider can help you better understand your care plan and the next steps in your treatment journey.

Breathe Better Today With Free Asthma Resources and Support



Courtesy Photo/ Dallas Post Tribune

(StatePoint) Asthma is a lifelong, chronic lung disease. However, for the 27.8 million people impacted in the United States, proper disease management can help them lead active lives.

To ensure that adults with asthma and the parents of children with asthma have the support they need to best manage their disease and emotional wellbeing, the American Lung Association is now offering a new comprehensive suite of programs. Focused on helping those with asthma improve their quality of life and maintain an active lifestyle with the disease, the free initiative includes three main components:

Support: As a part of the program, people can connect with Lung Health Navigators — registered nurses, respiratory therapists, certified asthma educators and certified tobacco treatment specialists, who provide free, personalized support, guidance and resources. Lung Health Navigators meet with people one-on-one to answer questions about asthma techniques, provide educational resources, help them navigate insurance challenges, link them with support group connections and much more. These sessions are unlimited, and can happen over the phone, via live online chat, or with video calls when it works best for the participant's schedule.

Education: Participants get access to the proven Breathe Well, Live Well course, which is the Lung Association's premier asthma self-management program for adults and for parents of children with asthma. The evidence-based curriculum teaches participants how to take control of their asthma, and is based on national best practices for asthma care. Breathe Well, Live Well is the only program available nationwide that has shown to result in less severe asthma, fewer respiratory problems, and a better ability to stick to treatment plans. Participation includes the Breathe Well, Live Well Asthma Education workbook, available in digital or hard copy format in five languages.

Community: Community is critical for families living with asthma, so the program includes complimentary membership in the Patient & Caregiver Network, which provides free resources, education, and access to emerging research like clinical trials. In addition, people who sign up for the Asthma Lung Health Navigator program will receive a free air cleaner to help improve their indoor air quality (limited time only and while supplies last).

To learn more and to sign up, visit Lung.org/navigator.

There is no cure for asthma. The good news is that proper management and control can help people with the condition live a normal, healthy life.

FOOD



Courtesy Photo: **StatePoint**

Why You Don't Need All Day to Make the Best Smoked Ribs

By **StatePoint**

(StatePoint) If you've spent a full Saturday committed to the 3-2-1 method for ribs, you know the math: three hours of smoke, two hours wrapped, one hour to finish.

But six hours is a long time to watch a smoker. Ben Palmer, the pitmaster behind Grill This Smoke That and Exmark ambassador is sharing his time-saving strategy for putting some of the best ribs you've ever made on the table in about three-and-a-half hours, while even having time to stripe the lawn while they cook:

Ingredients:

- Ribs
- 2 racks of pork spare ribs or St. Louis–style ribs
- Yellow mustard (binder)
- 3-4 tablespoons all-purpose barbecue rub
- 3-4 tablespoons honey powder rub (or sweet rub of choice)
- Butter Bath Pour-Over
- 1/2 stick (4 tablespoons) unsalted butter
- 2 cups apple juice
- 1 tablespoon all-purpose barbecue rub
- 1 tablespoon honey powder rub

Continue **Ribs** Page 8



Teddy's Creation

(Answer Key on Page 8)

				4				8
4		9			2			7
		8			6	1	4	9
2	7		4	6				
			5	1		7		
	8			2	7			4
	5	1		8				
7	4				5	3	8	
	3		6		4	5		



CITY OF DALLAS

NOTICE OF ELECTION

NOTICE IS HEREBY GIVEN that the City of Dallas, Texas, has called a bond election to be held within the City of Dallas, Texas, on Tuesday, November 3, 2026.

CITY OF DALLAS PROPOSITION A

THIS IS A TAX INCREASE.

☐ For
☐ Against

The issuance of $443,000,000 general obligation bonds for public safety improvements and facilities, including fire, police, and emergency services; the levying of a tax sufficient to pay principal and interest thereon; the estimated amount of repayment, including principal and interest, based on current market conditions, being $629,618,180.

Early Voting dates and times:

October 19 through October 23	Monday – Friday	7:00 am – 7:00 pm
October 24	Saturday	7:00 am – 7:00 pm
October 25	Sunday	12:00 pm – 6:00 pm
October 26 thru October 30	Monday – Friday	7:00 am – 7:00 pm

Dallas County Early Voting and Election Day locations:
Early Voting: https://www.dallascounty.org/elections/VoteCenters/Early%20Voting%20Vote%20Centers.pdf
Election Day: https://www.dallascounty.org/elections/VoteCenters/Election%20Day%20Vote%20Centers.pdf

Collin County Early Voting and Election Day locations and dates/times:
Early Voting: https://www.collincountytx.gov/Elections/polling-locations?electionId=75&scheduleType=ev&electionDesc=November%203,%202026%20Uniform%20Election
Election Day: https://www.collincountytx.gov/Elections/polling-locations?electionId=75&scheduleType=ed&electionDesc=November%203,%202026%20Uniform%20Election

Denton County Early Voting and Election Day locations and dates/times:
Early Voting: https://www.votedenton.gov/wp-content/uploads/2026/09/1126_EV_Locations_v2.pdf
Election Day: https://www.votedenton.gov/wp-content/uploads/2026/09/1126-Unconsolidated-ED-Locations-v2.pdf

FOR MORE INFORMATION, PLEASE CONTACT THE CITY SECRETARY'S OFFICE:
Bilierae Johnson (214) 670-5654 or Miroslava Martinez (214) 670-3809

Continued **Rib**s Page 7

Directions:

Remove the membrane. The first thing that separates good ribs from great ones isn't what you add to them, it's what you remove: the membrane on the bone side. This is because the membrane doesn't break down during cooking the way the surrounding meat does—it stays tough, fights every bite, and blocks the rub from doing its job. To remove this membrane, start at one corner, use a paper towel for grip, and pull it free, then remove remaining strips, if any. Thirty seconds of work, and the finished rib is a completely different eating experience.

Apply binder. Before seasoning, add a binder. Yellow mustard works well and won't leave any trace of mustard flavor on the finished ribs, but it gives the rub something to grip. Without it, you'll lose seasoning every time you handle the rack.

Season in layers. Start with an all-purpose barbecue base, then add something with sweetness on top. A rub with honey powder builds color as it cooks and rounds out savory notes underneath. Apply the same proess to both sides.

Rest. Once the racks are seasoned, get them into the fridge. They can sit for up to 24 hours, but even one hour gives the rub time to set and you the window to fire up the smoker and dial it in.

Fire the smoker. Start at 275 degrees F, bone-side down on the bottom rack. That initial higher heat sets the bark faster and gets smoke working into the meat right away. After that first hour, flip the racks meat-side down, move them to the top rack, and drop the temperature to 225 degrees F.

Make the pour-over. One of the best things about smoking meat is what it frees you up to do while it's happening. After the first rotation, stripe the lawn or water the garden while the ribs do their thing. Right after that, put together the butter bath pour-over: combine half a stick of butter, 2 cups apple juice, and about a tablespoon of each of the rubs you used in a small pot. Set it in the smoker to melt and heat up.

Flip again. After the second hour, flip ribs meat side up and rotate positions in the smoker for even cooking. Continue at 225 degrees F, checking periodically.

Wrap. When the bones start to protrude from the meat, that's your cue to wrap the ribs. Lay out two sheets of heavy-duty foil. Place each rack meat-side down, pull the edges up to hold the liquid, and pour about half the butter bath over each rack. Wrap them tightly (no gaps) and get them back on the smoker.

Unwrap the ribs. After 30 minutes wrapped, unwrap the ribs. If you want to sauce them, this is your window. Otherwise, brush a layer of the butter bath across the top and get them back on the smoker to cook uncovered for another 15 to 20 minutes.

Then, pull a bone from the middle to check your work. A clean smoke ring and juicy meat that holds together without falling completely apart means you did it right. After that, all there's left to do is throw them on the board and call everyone over to enjoy.

For Ben Palmer's full methodology, as well as inspiration for how to care for your lawn while your ribs are cooking, visit Exmark's Backyard Life site, a unique multimedia destination with a focus on helping homeowners make meaningful improvements to their outdoor living experience.

The 3-2-1 method takes six hours and has the potential to produce ribs that fall apart too easily. You can shave off hours of preparation time and achieve that bite that competition-style ribs are known for.

"There can be no greater gift than that of giving one's time and energy to help others without expecting anything in return."
- Nelson Mandela

HEALTH



Get your flu shot this season.
parklandhealth.org/flu

Parkland | Care. Compassion. Community.

Teddy's Answer Key

3	6	7	9	4	1	2	5	8
4	1	9	8	5	2	6	3	7
5	2	8	7	3	6	1	4	9
2	7	3	4	6	9	8	1	5
6	9	4	5	1	8	7	2	3
1	8	5	3	2	7	9	6	4
9	5	1	2	8	3	4	7	6
7	4	6	1	9	5	3	8	2
8	3	2	6	7	4	5	9	1